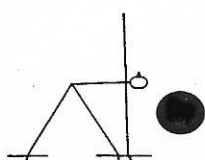
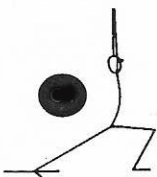
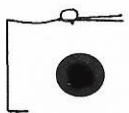
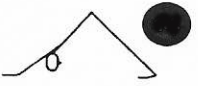
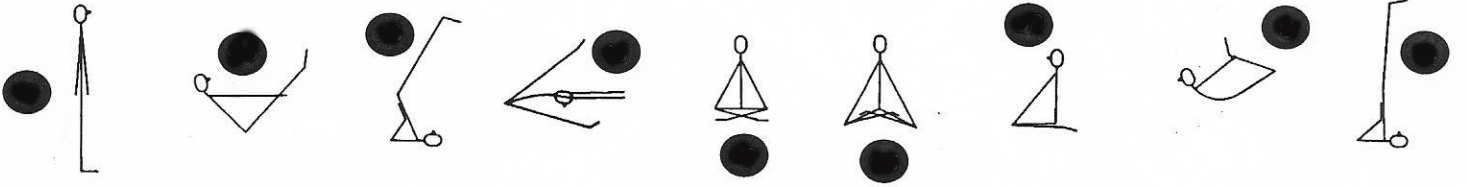


1.- Vincula cada imagen con su nombre correspondiente, coloca su número:



- 01 Vîrabhadrâsana
- 02 Godhâpitham
- 03 Halâsana
- 04 Dandâsana
- 05 Padmâsana
- 06 Nâvâsana
- 07 Ardha Matsyendrâsana
- 08 Vajrâsana
- 09 Salabhâsana
- 10 Uttânâsana
- 11 Matsyâsana
- 12 Sarvângâsana
- 13 Dhanurâsana
- 14 Adhomukha Svânâsana
- 15 Upavista Konâsana
- 16 Apânâsana
- 17 Pascimatânâsana
- 18 Viparitakarani
- 19 Samasthiti
- 20 Jânusirsâsana
- 21 Simâsana
- 22 Bhujangâsana
- 23 Utkatâsana
- 24 Sirsâsana
- 25 Gomukhâsana
- 26 Catuspâdapitham
- 27 Trikonâsana
- 28 Garudâsana
- 29 Sukhâsana
- 30 Urdhva Mukhâsana
- 31 Natarâjâsana
- 32 Ardha Uttânâsana
- 33 Dvipâda Pitham
- 34 Urdhva Mukha Svânâsana
- 35 Savâsana

